This worksheet is designed to help you plan and track your progress toward your degree. It lists all of the graduation requirements in the recommended sequence. For full course descriptions, please refer to the current undergraduate Catalog.

<table>
<thead>
<tr>
<th>COURSE TAKEN OR TRANSFERRED</th>
<th>SEMESTER TAKEN OR CREDIT REMAINING</th>
</tr>
</thead>
</table>

Recommendations will differ for specific majors. Refer to catalog for alternatives to recommended general education requirements (GenEds). Courses used for GenEds may not be used in the major or minor.

**FIRST COURSES (7 credits)** Take within first 18 credits.
Take placement exams before registering for English and math courses.

- **LIBS 150 (1) GenEd course**
- **WRTG 101 (3) GenEd course**
- **MATH 106 or higher-level math course (3) GenEd course**

**GENERAL EDUCATION COURSES (34 credits)**

- **IFSM 201 or CMST 301 (3) First computing GenEd course**
- **CMIS 111 (3) Or other second computing GenEd course**
- **HIST 125 (3) Or any ARTH or HIST for arts/humanities GenEd course**
- **HUMN 100 (3) Or other arts/humanities GenEd course from a second discipline**
- **NSCI 100 (3) Or other 3-credit biological/physical science GenEd course**
- **BIOL 103 (4) Or other biological/physical science GenEd course with related lab**
- **ECON 103 (3) Or other behavioral/social science GenEd course.**
- **BEHS 103 (3) Or other behavioral/social science GenEd course from a second discipline**
- **WRTG 293 (3) Or other 3-credit WRTG course except 288, 388, 486A, 486B. COMM 390 and 492, ENGL 102 and JOUR 201 apply**
- **COMM 202 (3) Or other communication, writing, or speech GenEd course**
- **WRTG 391 (3) Or other upper-level advanced writing GenEd course**

**CHECKLIST FOR FULFILLMENT OF DEGREE REQUIREMENTS** See catalog for overview of all requirements.

- 30 credits at UMUC, including at least half of the major and minor and 15 upper level credits.
- 45 upper-level credits, including half the credit for the major and for the minor.
- All required courses and minimum number of credits for major and minor.
- Prerequisites for major and minor courses, if needed.
- All General Education Requirements.
- Grade of C or better in all courses for the major and minor.
- Overall GPA of at least 2.0.
- At least half the credit for the major earned through graded coursework.
- Total 120 credits.

**NOTES:**
## Degree Planning Worksheet (p. 2)
### BS IN SOCIAL SCIENCE

**SEQUENCE**
30 total credits for major, of which at least half must be upper-level and at least half taken through UMUC.

<table>
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<th>COURSE TAKEN</th>
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</table>

### MAJOR COURSES (27 credits)
- BEHS 210 Introduction to Social Sciences (3)
- BEHS 220 Diversity Awareness (3)
- STAT 200 Introduction to Statistics (3)
- BEHS 300 Research Methods in Social Sciences (3)

15 credits (including ANTH 102, GERO 100, PSYC 100, or SOCY 100 and an additional 12 upper-level credits chosen from ANTH, BEHS, GERO, PSYC, and SOCY)

#### Recommended Areas of Study

<table>
<thead>
<tr>
<th>Anthropology</th>
<th>Gerontology</th>
<th>Psychology</th>
<th>Sociology</th>
</tr>
</thead>
<tbody>
<tr>
<td>ANTH 102 Introduction to Cultural Anthropology (3)</td>
<td>GERO 100 Contemporary Issues in Aging (3)</td>
<td>PSYC 100 Introduction to Psychology (3)</td>
<td>SOCY 100 Introduction to Sociology (3)</td>
</tr>
<tr>
<td>ANTH 345 World Prehistory and Archaeology (3)</td>
<td>GERO 302 Health and Aging (3)</td>
<td>PSYC 321 Social Psychology (3)</td>
<td>SOCY 313 Individual and Society (3)</td>
</tr>
<tr>
<td>ANTH 346 Anthropology of Language and Communication (3)</td>
<td>GERO 311 Gender and Aging (3)</td>
<td>PSYC 338 Psychology of Gender (3)</td>
<td>SOCY 325 Sociology of Gender (3)</td>
</tr>
<tr>
<td>ANTH 350 Health, Illness and Healing (3)</td>
<td>GERO 427 Culture and Aging (3)</td>
<td>PSYC 351 Lifespan Development (3)</td>
<td>SOCY 423 Race and Ethnicity: A Global Perspective (3)</td>
</tr>
<tr>
<td>ANTH 351 Anthropology in Forensic Investigations (3)</td>
<td>GERO 320 Psychosocial Aspects of Aging (3)</td>
<td>PSYC 354 Cross-cultural Psychology (3)</td>
<td>SOCY 350 Contemporary Social Problems (3)</td>
</tr>
</tbody>
</table>

### CAPSTONE COURSE FOR MAJOR (3 credits) *To be taken in last 15 credits*
- BEHS 495 Advanced Seminar in Social Sciences (3)

### MINOR OR ELECTIVES (15 credits, at least 9 credits upper level for minor)
See requirements of individual minor.

### ADDITIONAL ELECTIVES (34 credits)
Choose any courses to meet 120 credits for degree. Note minimum requirements for upper-level coursework. Complete in last 60 credits along with major and minor courses.

**TOTAL: 120 CREDITS**

- Required courses for major